

COACHES CAMP '08

Spend the day learning all you need to know to be the best coach ever!

SAT., JUNE 7, 2008

Taught by Morton Bergue and his incredible staff!

DATE: JUNE 7, 2008 (Saturday)
PLACE: PYRAMIDS CHEER GYM
2060 Commerce Ave.
Concord, CA 94520
925-685-3910
TIME: 8:30 am - 5:30 pm
COST: \$85.00 Adult Coaches (18+ yrs)
(\$100 after 5/31/08)
\$55.00 Student Coaches (14 - 17 yrs)
(\$75 after 5/31/08)
WEAR: Clothing to be active in, tennis
Shoes, no jewelry

TENTATIVE SCHEDULE
8:30 - 9:00 am Intro's and Welcome
9:00 - 10:00 am Conditioning, Strength and Flexibility
10:00 - 11:00 am Jump Higher! (Jump Drills)
11:00 - 12:30 pm Stunts That Match! (Stunt Timing)
12:30 - 1:30 pm Lunch on your own
1:30 - 2:00 pm Getting Kids To Work Hard!
2:00 - 3:00 pm New Stunt Ideas!
3:00 - 4:15 pm Ideas for Great Routines!
4:15 - 5:15 pm Pyramid Ideas For Every Size Team
5:15 - 5:30 pm Closing

REGISTER TODAY!

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COACHES CAMP '08

NAME: DATE:

ADDRESS:

CITY/STATE/ZIP:

PHONE: CELL: EMAIL:

GROUP AFFILIATED WITH:

ADULT COACH \$85.00 (\$100 AFTER 5/31/08) STUDENT COACH \$55.00 (\$75 AFTER 5/31/08)

COACHES CAMP '08 T-SHIRT \$15.00 (CIRCLE ONE) XS S M L XL XXL

CHECK CREDIT: (CIRCLE ONE) VISA/MASTERCARD

TOTAL PAYMENT
\$

CARD # EXP DATE:

NAME ON CARD: BILLING ZIP

SIGN: DATE:

ONE REGISTER FORM PER PERSON. MAKE CHECKS OUT TO AND SEND TO: CHEERGYMS.COM
COACHES CAMP '08; 2060 COMMERCE AVE., CONCORD, CA 94520. ANY QUESTIONS CALL OR
EMAIL MORTON BERGUE AT: 925-685-8176 OR MORTON@CHEERGYMS.COM. SPACE IS LIMITED.

*PLEASE Fill out a Medical Information Form, a Liability Release Form and a Usage of
Likeness Form and bring with you to the Camp!