

cheergyms.com

SUMMER RESIDENTIAL, 2-DAY AND PRIVATE CAMPS

RULES AND REGULATIONS

- It is expected that all students properly warm up and stretch before participating in any cheergyms.com activity.
- It is expected that all students will listen carefully to instructions and not talk during instructional sessions. It is very important that each student understands all instructions so to complete each skill in a safe manner.
- It is expected that all students will arrive on time and be ready for the instructional session.
- It is expected that all students will behave like young adults and have complete respect for the instructional staff and support staff.
- Students will not wear jewelry while participating in an instructional session.
- Students will not have long nails while participating in an instructional session.
- Students will have their hair pulled away from their face while participating in an instructional session.
- Students will wear the proper clothing while participating in an instructional session (EX: cheer shoes, t-shirt, shorts, socks, no baggy clothing, no metal or plastic barrettes, no slip on shoes, etc.)
- Students will not use profanity while participating in an instructional session.
- Students will not tumble, stunt or do any activity without a qualified cheergyms.com employee in the area watching the skill being performed.
- It is expected that if parents are allowed to watch they will not make comments, suggestions or any kind of noise that would disrupt the training session.
- All students must have a Cheergyms.com Medical Information Form, Cheergyms.com Use of Likeness and a Cheergyms.com Release Agreement with them at all times while participating in any Cheergyms.com activity.
- The advisor/coach of the school/organization must remain in the training area during all instructional sessions. They will be the first contact in case of an injury or any other mishap, disruption or disciplinary matter.
- Smoking, the use of drugs, bringing any contraband, use of illegal weapons, etc. is against the law and the rules of cheergyms.com and will mean immediate dismissal from the instructional sessions without a refund.
- All participants will treat the facility with the utmost respect. Any vandalism, destruction or mistreatment of property will be charged to the school/organization that caused the damage.

Remember breaking any rules makes the camp not run as smoothly as needed for fun and success. Any school/organization or individual therein that does break the rules risks having the entire team dismissed from the camp without a refund, risk legal prosecution if necessary and risks their future participation at any Cheergyms.com camp and/or event. Thank you ahead of time for wanting to make the camp a well organized and exciting time!