

# COACHES CAMP 2010



Spend the day learning all you need to know to be the best coach ever!

**SATURDAY, JUNE 12, 2010**

***Taught by Morton Bergue and his incredible staff!***

<b>DATE:</b>	JUNE 12, 2010 (Saturday)	<b>Sample SCHEDULE</b>	
<b>PLACE:</b>	PYRAMIDS CHEER GYM 2060 Commerce Ave. Concord, CA 94520 925-685-3910	8:30 – 9:00 am	Intro's and Welcome
<b>TIME:</b>	8:30 am – 5:30 pm	9:00 – 10:00 am	Stunting that WORKS!
<b>COST:</b>	\$85.00 Adult Coaches (18+ yrs) (\$100 after 5/31/2010) \$55.00 Student Coaches (14 – 17 yrs) (\$75 after 5/31/2010) <b>\$50 NCAA &amp; POP WARNER Adult Coaches</b> <b>\$35 NCAA &amp; POP WARNER Student Coaches</b>	10:00 – 11:00 am	Motivating your Kids!
<b>WEAR:</b>	Clothing to be active in, tennis Shoes, no jewelry	11:00 – 12:30 pm	Creative Stunts
		12:30 – 1:30 pm	Lunch on your own
		1:30 – 2:45 pm	Choreography!
		2:45 – 3:45 pm	The Ultimate Practice
		3:45 – 4:45 pm	Exercises for your Team!
		4:45 – 5:30 pm	Solving your WORST Problems!

## **REGISTER TODAY!**

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COACHES CAMP 2010

NAME: \_\_\_\_\_ DATE: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

CITY/STATE/ZIP: \_\_\_\_\_

PHONE: \_\_\_\_\_ CELL: \_\_\_\_\_ EMAIL: \_\_\_\_\_

GROUP AFFILIATED WITH: \_\_\_\_\_

\_\_\_ ADULT COACH \$85.00 (\$100 AFTER 5/31/10) \_\_\_ STUDENT COACH \$55.00 (\$75 AFTER 5/31/10)

\_\_\_ NCAA OR POP WARNER ADULT COACH \$50.00 \_\_\_ NCAA OR POP WARNER STUDENT COACH \$35.00

\_\_\_ COACHES CAMP '09 T-SHIRT \$15.00 (CIRCLE ONE) XS S M L XL XXL

\_\_\_ CHECK \_\_\_ CREDIT: (CIRCLE ONE) VISA/MASTERCARD

<b>TOTAL PAYMENT</b> \$ _____
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CARD # \_\_\_\_\_ EXP DATE: \_\_\_\_\_

NAME ON CARD: \_\_\_\_\_ BILLING ZIP: \_\_\_\_\_ CODE: \_\_\_\_\_

SIGN: \_\_\_\_\_ DATE: \_\_\_\_\_

**ONE REGISTER FORM PER PERSON. MAKE CHECKS OUT TO AND SEND TO: CHEERGYMS.COM  
COACHES CAMP 2010; 2060 COMMERCE AVE., CONCORD, CA 94520. ANY QUESTIONS CALL OR  
EMAIL MORTON BERGUE AT: 925-685-8176 OR [morton@cheergyms.com](mailto:morton@cheergyms.com). SPACE IS LIMITED.**

\*PLEASE Fill out a Medical Information Form and a Liability Release Form bring with you to the Camp!  
Located online at [www.cheergyms.com](http://www.cheergyms.com) under "Quick Links", "Forms".

USASF All-Star Coach Certification will be available from 6:00 – 8:00 pm after the Coaches Camp.  
Contact Morton 925-685-8176 or [morton@cheergyms.com](mailto:morton@cheergyms.com) for more details!